

(Channeling of Jade Fire)

© Ellaeenah

Good evening!

This is how it is meant to be: connecting one by one by one. But how do we connect? In fact, how does energy convert itself into matter? You know that energy converts itself into matter but you do not know how.

Energy needs geometric codes. These geometric codes work their magic and bring the molecules of energy together to form certain shapes, certain structures, whether they be flat 2 Dimensional, or solid 3 Dimensional, or not recognized Multi-dimensional. It is all about sacred geometry. Do not worry. We will not speak in terms of physics or mathematics or science, though that would be the ideal way of communicating this message to you. Sacred geometry, like all things universal, cannot truly be spoken of, for as soon as we speak of it, even when we speak of it in the true mathematics of physical terms, it loses some of its spiritual truth. But we will endeavour.

Sacred geometry is the language of spirit. Spirit creates through sacred geometric codes. We have often told you that all in this universe can be broken down into mathematical formulae, equations which have been worked out and which work true every single time. And that is the evidence of truth. Does an equation, a formula, hold good every single time? If it does, it is then considered to be a universal or a spiritual truth. If it does not, if its results vary, as the variables vary, then it is not a truth. It is only the illusion of a truth, because it holds true in some circumstances, but if one variable should shift, another should enter, a third to leave, the formula crumbles. That is why we call it the illusion of truth ... maya. But geometric codes or sacred geometry are spiritual truths. Their energy, and the energy of the shapes that they construct, hold true every single time.

And today, we take this subject not really to explain to you the sacred geometric codes, but to explain to you, again, how to use the energy of sacred geometry, so that you can proceed with your quest: your quest to be one with all, to be one with us, to ascend into Source.

The language of light, the language of creation, the language of spirit, all dwell in geometric codes. They are vital to your Earth. You may look around at everything present in your Earth, on your Earth, under your Earth and around your Earth. You will find a consistency of geometric patterns, whether you are looking at the delightfully unique snowflake or the veins of a leaf or the centre of a flower or the rings in the barks of trees, your DNA structure, the shape of your eyes and your hands and your own physical body, everything has a consistent shape. These shapes, you might call sacred shapes.

The universe uses basic sacred shapes and puts them together to create what you see as matter. And though you might see yourself as not being a square or a triangle or a circle, we tell you that you are, in fact, nothing else but a square, a square that has been interwoven with

a triangle. Now if you know which sacred geometry to use, your quest for unity and ascension will be made a little easier. In fact, depending on how you use it and how often you use it, it can become far easier.

All of you have experienced the creative brain and the logical brain. When you had to come to this place, for this channelling, you had to decide what time to leave, how to make your journey here, what should you do after you arrive. All of that was the logical brain that was being used, giving you the answers of what to do, when to do, how to do, and why to do. The creative brain you have experienced each time you have been in meditation, each time you have heard a piece of music that you have enjoyed and become lost, each time you have appreciated a beautiful flower, a wonderful colour, a lovely tone, when a piece of art has brought tears to your eyes. All of this has been your creative brain.

But what happens in this world, this world of duality, this world of polarity? Existence constantly keeps shifting between the polar extremes and thus, your life also shifts, constantly, between your logical mind and your creative mind. The creative mind, which holds, in fact, the language of light, is heard very faintly. The logical mind, which holds the language of matter, is heard more significantly, more prominently. And thus, you are constantly living in duality. Though we keep urging you to live in unity, your very structure, your very brain, makes you live in duality. How will you transcend your own brain? How will you escape it? Of course, there is no escape, but you can recondition your brain. You can recondition your brain to act as one instead of acting as the right brain or the left brain. The only implement that can recondition the brain, to act as one, is sacred geometry.

And that is why we have chosen this subject today: to help you to live as one, to help your brain function as one brain, for it is one brain, but in your existence it functions as 2 brains and thus, it gives you the experience of being dual - your ego and your spirit - and you constantly keep choosing, moment-to-moment, whether to be ego, or whether to be spirit, when, in fact, life must not be a choice. You must be able to live as ego and spirit simultaneously, for you are simultaneously ego and spirit. It is now time for you to move beyond choice. Why must you constantly be in a state of choosing?

We ask that it now becomes natural. If you use sacred geometry the way we will suggest, you will find that you will recondition this little devil, the left brain. The right brain needs no reconditioning. It already understands the language of light. It already knows the language of spirit. It already functions with the energy of creation. But the left brain knows only matter, logic, reason, analysis, black and white. What it can see, it will believe. What it can hear, it will understand. So it is the left brain that you have to recondition.

How do you use this sacred geometry? Not by looking at it, not by wearing it, not by keeping it with you, but by drawing it; actually drawing it. Let us explain why. When you sit to write, or to draw, instantly your left brain gets into an activated mode. It knows that it has to give you the logical sequence so that you can write, so that you know that A comes before B and not vice versa. Even when you are writing the most creative piece of poetry, your left brain is guiding the actual writing process. The poetry has already been formed by the right brain, but

putting it down is the task of the left brain and not the right brain. You have to condition the left brain, so you have to draw the sacred geometry. It makes no difference whether you are right-handed or left-handed, the act of writing is determined by the left brain.

But what will you draw? What we are going to ask you to draw are the basic sacred geometric shapes. Nothing that is complicated, nothing complex, for understand that all the complex sacred geometric shapes are formed by putting the basic shapes together. In fact, once you know your basic shapes, then you can combine 2 and 3 and 4 or 10 and make your own sacred geometry for the purpose that you require it. Sacred geometry brings with it energy from the universe. Each shape and each structure carries with it a different energy, a different sound, a different colour, and a different tone. We do not need to complicate matters here by discussing sounds and tones and colours, for as we have once explained to you, those cannot be seen and those cannot be heard.

But let us go to the shapes that you do know, and let us start with the shape of the cosmos: the circle. The energy of completion, the energy of potential, the energy of the universe itself, the energy of wholeness is the circle. It is the energy of life, itself. So if you are feeling scattered and you wish to feel whole again, keep drawing the circle, again and again and again.

Do you draw it in the mind?

No! You will draw it on paper or any other preferred material. We are reconditioning the left brain, beloved. It cannot be a mental activity. It has to be a physical activity. Now you may ask: do we draw the circle, again and again, left to right, up to down, side to side? Irrelevant! A circle has no beginning and a circle has no end. And that is exactly the energy that it emits: no beginning and no end. No time!

It doesn't have to be drawn with a compass?

Not at all with a compass. All sacred geometry should be free-flowing. Do not bind it into your geometrical instruments. Draw a circle, again and again and again. You may wish to draw a circle, one next to the other. You may wish to go over it, again and again. Irrelevant! You are interested in the shape of the circle. But don't just draw the circle. Get lost in the activity. Make that activity into a meditation.

Now that is important. When you make that activity into a meditation, the left brain is forced to unite with right brain. So get lost in the circle. Get lost in any geometric shape that you are drawing. Allow the shape to draw you in, and still you maintain your left brain awareness because you are still drawing. So on the one hand is your left brain awareness, and on the other hand is your right brain consciousness. When you do this activity, you will find that you will experience this duality, we have to use this word, but in a unified manner. You will simultaneously get lost in consciousness whilst being completely aware in physicality. And that is life and that is the unity of ego and spirit, in a moment in time when neither predominates.

If you are feeling that your masculine energy is far stronger than the feminine energy, draw the circle, for the circle has the feminine energy. It is the shape of the womb. If you want to

create, if you are an artist, a poet, a musician, a write, a designer, and you feel yourself blocked in creativity, leave aside the creative activity for a while, and do the meditation of drawing the circle. It will activate your right and your left brain and bring forth a surge of the creative force.

Let's move on to another feminine energy sacred geometry and that is the spiral. Unlike the circle, it has no closure. It goes on and on and on, starting from the very centre, moving outwards and outward and outward, in concentric rings, and it can be an infinite journey, for the spiral is the journey of evolution. From the centre, from the Source, all begins and all moves out, moving outward and away from the Source, but at no point is the energy of the Source interrupted, for the spiral is an ongoing, unbroken line.

The spiral is the sacred geometry of evolution, and feminine energy, of an ongoing creative process. It is about journeying onwards, it is about moving forwards, it is about letting go, it is about surrendering. So when you are caught in the past and memories of the past are still strong within you, but you are desirous to move away from them, to journey into ascension, rather than remaining in the past, start drawing the spiral. The spiral will take you away from the past. But if you wish to, in fact, go back into a past, in order to resolve, in order to complete an energy, then draw an anti-spiral and go back to the past.

Let us assume that 20 years ago you had faced a traumatic event. This trauma you know you must resolve completely, you know you must close this chapter so that you can move ahead. First draw the anti-spiral and then the spiral. But you never draw an anti-spiral without completing the activity by drawing, at least, one spiral. You must draw an anti-spiral with the full intent of going back to the energy of the trauma, in order to surrender it, let it go, to release yourself from it.

You just think of the trauma and draw the spiral.

Absolutely! Nothing else! Think of the trauma and draw the anti-spiral. When you feel you are complete, then draw the spiral and state: **Let it go. Surrender. Move and evolve.** The spiral is about expansion but it is also about contraction. When you move ahead, you expand. When you go into a past, you contract. But sometimes, contraction is necessary. Often, you must eliminate that energy of that traumatic experience by revisiting that experience, if not physically, you must experience it emotionally. Complete the experience. Let there be an assimilation so that you can ascend, evolve, journey onwards, into creation.

We have discussed 2 sacred geometries for the feminine energy, and now we come to the masculine energy. That masculine energy is the square. You have a saying in your language, *don't be square*, which means, don't be mundane and dull, lacklustre, without creativity. For the square is masculine energy. It has no energy of creativity. The square is important. It brings structure and order. When there is disorder within you, when there is disorder around you, and you are desirous of some structure, then the sacred geometry that you will draw is the square.

It is an interesting one for children, especially the children of today. They will all rebel against structure and order, for they are Crystalline and Rainbow, but they have come to the Earth to help the Earth, and if they do not understand the structure of the Earth, they will not complete their missions. So on the one hand, they have to understand and comply with the structure of the Earth, and on the other hand, they have to break that structure and bring in something new. As young children, they must be encouraged to draw the square till they get to be an age where they can understand what truly can be let go, and what is worthwhile to keep on. That is when they can draw the spiral. But as young children, who are being trained into following certain structures, if you find the child acutely rebellious, then make the child sit down and play with you. And how will you play? *Let us draw squares. Let us see who can draw the largest number of squares in 5 minutes, who can draw the best looking square.* And then, ask the child to colour the square. We have already told you, in a earlier channelling, the significance of colours. You can pick up that channelling and refer to it. See the colour the child is colouring the square, and you will understand the inner mechanism of the child. You can do the same, so-called, childish exercise for yourself, for who doesn't require structure, from time-to-time? It is wonderful to be creative, but it is necessary to have a masculine energy, as well. So you have the square, bringing in balance, bringing in order, bringing in structure. Let us now move on.

And now what about a shape that brings balance between yin and yang, which makes you neither masculine nor feminine? That shape is the cross. The cross is a sacred symbol of unification, certainly, but it is also the symbol of balance, the symbol of balance between spirit and matter, the balance between feminine and masculine, the balance between emotion and mental. All of it comes into balance with the cross. But the cross has another significance to it. It is the sacred geometry of transition, transformation, optimism, cheer, happiness and hope. You have associated the cross with the Christ, and if there was one message that the Christ gave to this Earth, is that all is not lost. However difficult the path may be, you shall resurrect into your spiritual Christ. You shall reign supreme as spirit. However dark the days might be, do not lose hope, for the cross reminds you that nothing, not even death, can bring the end of all that is good and all that is true and all that is joyous. So when you are feeling really despondent, when despair holds you in its clutches, remember the Christ and draw the cross. When you are feeling you need to balance the left and the right brain, your Shiva and your Shakti, the yin and the yang, draw the cross. As you get into balance and you move into another stage of your evolution, this transition is brought about by the cross.

Let's take another wonderful symbol, a symbol that is most enjoyed by girls - the heart. They love drawing the heart. Girls could spend the entire day drawing hearts in their books and on their papers. And that makes them extremely emotional and sensitive. What they are actually doing is practising the meditation of sacred geometry, and because the sacred geometry is the code of emotion and sensitivity, the young girl who continually draws the heart, becomes very emotional, often over-sensitive. Such a young girl should not be allowed to draw the heart as a continuous exercise. But one who cannot touch emotion, who becomes very practical, very egocentric, very matter-oriented, that person must certainly draw the heart. One who is blocked to his own emotions, will be blocked to another's emotions. To bring in

sensitivity, draw the heart. To understand your emotions, to understand the emotions of others, draw the heart. To move from conditional love to unconditional love, draw the heart. And now, let us take yet another one: the 5-pointed star. The 5-pointed star and the 6-pointed star can be called companions, but the 5-pointed star is for the Earth, and the 6-pointed star is for spirit. The 6-pointed star is the energy of Divine Mind. If you are desirous of becoming a telepathic channel, a healer, or simply desirous of accepting and understanding Divine Laws, Divine Truths, Divine Mind, draw the 6-pointed star, for it forges a direct connection between the mind, the higher mind, and the Divine Mind. If you wish to bring about balance in your earthly life, if you wish to bring about balance with the environment, if you wish to bring about balance in your home, where there are different elements involved, then use the 5-pointed star.

Now how you draw the 5-pointed star is crucial. If you can visualise the 5-pointed star, you will instantly recognise that one of the points of the star, seems to predominate over the others. That is the point that gives you direction. In which direction do you wish to move? For example, if you wish to get away from a situation, if you wish to withdraw from the elements of a situation, then that predominant point must be downward facing. But if you wish to move towards a situation, if you wish all the elements to move jointly to a common goal, then let the point be upward facing. So let us assume that you are here, in a group, and there is a lot of disagreement amongst you, you cannot come to a conclusion, each one is holding on to their truth, there is chaos and disharmony. You wish to bring harmony, balance and a common direction for this group, draw the 5-pointed star but with the intent of the goal. What is the goal that you are seeking? Once again, we remind you, the goal is not an earthly event. The goal is a state of existence, common for all. So it cannot be, *eg let all decide to sell this plot of land*, but it could be *let all move in harmony and agreement towards abundance and optimism*.

When there are chaotic elements in nature, a fire, a flood, an earthquake, and you wish to abate their force, draw the 5-pointed star, for it brings all the elements of nature into balance and it gives it a central direction. If there is a fire and you wish to abate it, your intent of abating the fire, of bringing in peace, bringing life, bringing hope will draw in all the other elements, as well, that will abate the fire element. In Feng Shui, where a certain element predominates and it should not, a 5-pointed star placed in that area, with the intent of which element to bring into balance with the rest, will be extremely helpful.

Let's go now to the diamond. The diamond is a sacred, sacred symbol. It is the symbol of ascension. It is the symbol of growth. It is the symbol of clarity; clarity of mind, clarity of feeling. Do you not wish for clarity when you buy your diamonds? Would you buy a diamond if it was not clear? That is what the diamond offers you - clarity. When you are confused, you do not get an answer, but you desire one, you desire a direction, in order to remove the confusion in your mind, draw a diamond. It brings not only clarity, but it helps you to connect to your intuition, and through that intuition you ascend, because with clarity of mind, your intuition will be spirit guided, and the direction you will be shown will be soul-driven.

Now let us move on to a symbol that may not be as commonly used but which is certainly an important symbol. In fact, it was a symbol used by one of the masters, who came on Earth in the guise of someone quite hated; that was Hitler, and the symbol of the swastika. But we are not talking of Hitler's swastika. We are talking about the divine swastika. The swastika is the symbol of the perfected mind, the perfected heart, the perfected balance of spirit and physicality. In short, the Avatar, the perfected human being, one who has transcended his humanness, and who, in human living existence, functions as spirit. If you wish to reach that state of perfection, then you draw the swastika. It brings perfection, wholeness, expansion. In fact, it connects everything to Source. That is why some religions use the swastika as a religious symbol, for it enhances the perfection of the human being, so that the human being can transcend his baseness, can transcend restricted desires and become the perfected mind.

You have been given a lot of symbols, but there is one we cannot miss out, and that is the triangle. The triangle is the symbol of unity, oneness, balance, and creation that comes out of balance. It is also the symbol of manifestation, of illumination, but what might be most interesting to you, it is the symbol of magic and alchemy. If you are perfecting your skills at White Magic, if you are perfecting your skills at manifestation, then the drawing of the triangle must be a daily exercise.

How will you draw this triangle, peak upwards or peak downwards, for the 2 will manifest completely different things? If you wish to manifest something that is earthly, the peak points downwards. If you wish to manifest something that is spiritual, the peak points upwards. If you wish to manifest something that is a state of beingness, which we constantly urge you to do, the peak points upwards. If you wish to bring 2 quarrelling parties together, draw 2 right-angled triangles but let the centre line be the same. 2 right-angled triangles joined together to form one triangle. Ensure that you do not draw 2 centre lines. It should be one centre line to represent the commonality of energy between the 2 warring factions.

We have given you the basic sacred geometric codes and the energies that they contain. Use these! Use these for yourselves. Teach them to your children. Everyone can draw these shapes. You need not be so terrified of sacred geometry. Once you have perfected these shapes, truly understood their energies, then we urge you to create your own sacred geometry. For example, you may use a square and a circle and a triangle, with a swastika in the centre. You may put triangle upon triangle upon triangle upon triangle and create the flower of life. Use these in whatever way you desire. What is the combination of energy that you are looking for, and how will you put it together? Once you have perfected the energy of the basic shapes, how you will put them together will follow naturally. You will just flow into it. First work with the individual shapes, then proceed to make your own sacred geometry, for that is the language of creation. There is nothing on Earth that has no sacred geometry. Sacred geometry, were it to be absent, there would also be an absence of matter, for energy converts itself into matter, through sacred geometry alone.

So we wish you happy childish drawing. (Smiles) There cannot be an exercise simpler than this.

Greetings, children!