## **2011.1.11 Channeling......Clearing Meridians to Activate Light Codes** © Ellaeenah

Greetings. We are the Messengers of Light.

We come to Earth in order to activate Light Codes that are latent in *all* life forms. These Light Codes have been latent for over 2000 years, and it is now time to activate them.

The activation of Light Codes in each will take place as and when the Meridian Systems are cleared of all that was held, believed and followed as Third Dimensional Truths. These Light Codes remove ignorance; they remove from you those veils which hide from your vision that which is *real* as Energy. Often, when these Light Codes are activated, people begin to have *experiences* that are akin to clairvoyance, clairaudience, clairsentience.

This is not the first time that we are here to activate these Light Codes. We have come here many times in the past 2000 years —but we have worked on very *few* individuals. In fact we have worked more often in these 2000 years on Animal Life. We find it interesting, as the messengers of Light, that you consider animals as far more ignorant than you, when in reality, *their* Energy Systems are far less veiled. They already have vision that you *strive* to obtain. They have the ability to *hear* Energy —and no, we are not speaking of tangible sounds whose decibel levels you cannot hear. We are referring to the **Sound of Energy.** If you had the sound of Energy, you would have *heard* us entering.

Any Energy, however subtle it might be and however refined it might be, as our Energies are, always has a sound. And when it enters a apace, it *has* to necessarily *make* ist way through the energy of that space. And there is a gentle *ruffling* which the animal will hear, but which *human* ears cannot. Not because of the decibel sounds, but because human ears –just as human senses- are *veiled*.

We call this 'the state of ignorance.' It is not a judgement. It is only a reference to that state of existence where you are *ignorant* of Energies that are around you. You see what is *tangible*. You see that which has a *dense* form. But a state of ignorance does not permit you to see that which is *refined*.

And so we have come from time to time in these 2000 years... and we have activated these Light Codes in a few individuals –individuals whom you have then called Living Masters. For when *ignorance* disappears, *the State of Divinity and Divine MasterHood* is obvious for all to see.

We give you an example of just one such Master whom we worked with: the one you have called Meher Baba. He too lived a number of years in a state of ignorance. But He reached *that* level of meridian clearance whereby we could enter and activate those Light Codes.

But now our return is different. We have come here now, for the first time for a *mass* activation. But this does not mean that the activation will take place for *all* at one

time. We are here to activate the latent Light Codes of all those whose meridian clearance *reaches that space of openness and receptivity*, whereby our energies can enter. This will happen at different times for different human beings *and* for other life forms as well. But *each* time –and *as soon as* the meridian clearance reaches that state of openness and receptivity, *instantly* will our energies enter and activate the latent codes.

There are some like you who may desire to *consciously* facilitate this process, to *consciously* facilitate the clearance of your meridians so that the latent Light Codes can be activated. And yes, though the absence of the state of ignorance brings as we have earlier mentioned what people construe as clairvoyance and clairaudience and such-like, it is not *really* so.

Clairvoyance, clairaudience and clairsentience are states of Energy Evolution whereby, the *sight* or the *hearing* or any other sense reaches the *Fullest of its Potential* in its *dense* energy form. So you might have –nay, you *do* have those who are clairvoyant *but* certainly their meridians are not refined. They *still* dwell in the state of ignorance.

Absence of the state of ignorance *appears* like clairvoyance, clairaudience and so on... *only* because there is *recognition* of finer energies, but the recognition of finer energies is *not* from a *dense* energy state but from a *refined* energy state.

Are you able to understand this difference?

Let us give you an example.

Let us say, there is an individual who, by certain Energy Exercises –by breathing, by Yoga and such-like, develops one or more of the senses. Even you, as you are seated here –you are using only about 70% of your senses; and we are referring to your senses in the *dense* form. If you were to use, let us say your eyesight to a 100% of its dense form –we keep reiterating that for a purpose – if you were to use a 100% of your eyesight in its dense form *you would be able to see* refined Energies. *You would be able to see* Astral Forms.

The ability to *see* astral forms, the ability to *hear* astral forms is *part of the Human Sensory Network as a* natural phenomenon. It does not require your meridians to be completely cleared. But, in order to reach the absence of the state of *ignorance whereby, the senses change their energy from dense form to refined form requires* meridians to be cleared. And then *that which you see as* refined energy and *that which you hear as refined energy* and *that which you feel* as refined energy will be *far more acute*.

The Astral Forms that you can then *hear* and *feel* will be of a level of *refinement* so subtle that even a 100% sense development in the dense form would not be able to access.

Has that become clear?

Does conditioing influence this?

Yes, *conditioning* does make a difference. But, it is not about what you *believe*. It is *genuinely* dependant on the *development* of the senses.

But we, as Messengers of Light are not here to develop your sense to 100% in its dense form. We are here to take you into a state of *Complete Consciousness*: Consciousness of Energy As It Exists around you and within you.

So how will you facilitate *-consciously* facilitate, this clearance process?

First and foremost, you must *learn* about your Meridians. Learn where they are situated. If you do not know where they are, how will you clear them? Once you know where they are, you can begin the process of *conscious* clearance. By "conscious clearance" we mean, running White Light through each meridian.

White Light must be run through *each* meridian during the process of clearance, 7 times a day. If you are not *able* to discover where the meridians are, the meridians start or end at your fingertips and the tips of your toes. So you can use *each* fingertip and the tips of your toes as the Entry Points for Meridians, and run White Light through the entry points. The *simplest* manner that we can divulge to you would be to run White Light through the tips of your fingers *–one* at a time. 7 times a day. And 7 times for the toes *–one* at a time.

It is simple.	Place	your	palms	outward	facing.	Decide	whether	you	are	going	to
transmit the Light from your 3 <sup>rd</sup> Eye						_(Ell starts coughing)					

## **Greetings of Archangel Metatron.**

Let us guide you through an Angelic Process of Clearing your Meridians. You will follow similar instructions given to you by Messengers of Light. So we will use fingertips and the tips of your toes. But in order to facilitate a clearance that is *even* stronger than White Light, you will use the combined light, Purple-White.

As told to you, you must first decide whether you will transmit this Light from your 3<sup>rd</sup> Eye, Higher 3<sup>rd</sup> Eye, Crown, Heart or Solar Plexus. You may use a different transmission point each time. Or you may adhere to the *same* transmission point each time. The choice is yours and makes *no* difference to the radiance of the Light that you will transmit. And now you will use, along with the Purple and White Light the Energies of the Higher Angelic Realms. Thus you will choose whether you wish to work with Archangel Metatron or Archangel Melchezedik.

Once you are thus decided, call upon the Archangel that you wish to work with. Join your fingertips together... very gently. Ensure that you are not shutting off the entry point to the meridians; the fingertips should just *barely* touch. Once again, call upon the Archangel of your choice . . .

First transmit the White and Purple Light to the Archangel . . . The Archangel will mingle the Light of the Archangel with your Light and will run it through your meridians. You need to maintain this posture for just 2 to 3 minutes. As told to you

earlier by the Messengers of Light, for a strong meridian clearance this needs to be done 7 times a day.

You will be aware —and you will experience *those* blocks in your meridians, as tingling, hot or cold feeling or subtle or sharp points of pain. As you work with your Meridians each day, you will experience *a strength* in your physicality. *This will be your First Sign* that meridians are clearing, because your *physical* body will become strong. *Your propensity* for colds and fevers —and such other *minor* ailments—will disappear. You will experience yourself, healthier. You will find that your *emotional balance* will be stronger than you have experienced before.

Once you have experienced the physical, emotional and mental strength, you can be rest assured that your meridians are clearing enough for the Light Codes to be activated by the Messengers of Light.

You have to work in a similar manner with your feet, but instead of touching the two feet together, the toes stay in connect with Mother Earth.

Once again, you will choose the Transmission Point. You will choose the Archangel you wish to work with. And the process remains the same. The White and Purple Light that is in *your* Energy Field is transmitted to the Archangel, and the Archangel – after blending the Archangel's Energies with your Light will transmit it into your Meridian System through the tips of your toes. Once again, 2 to 3 minutes, 7 times a day.

You may experience, once again, tingling... hot and cold feelings or subtle and sharp points of pain up and down your legs. Pay close attention to your spinal cord, for if the Central Meridian is blocked, the Light Codes cannot be activated. If during this clearance, any part of your physical body *begins* to get into –what you might consider, state of dis-ease or acute pain, do *not* stop –but persevere, knowing that *that* meridian is *acutely* blocked.

Once the Light Codes are activated, you will then perceive *subtle* changes in how you *see, feel and hear* Energy. But, let us caution you: not to get into a state of conditioned fear, because you *see, hear and feel* Energies that are Non-Physical.

Once you have activated your Light Code, you *proceed* towards becoming a *full* Being of Light which you have the *Divine Right* to be.

We will take questions, before we leave.

*Can we work with the hands and feet simulataneously?* 

Absolutely. You can do the two hands and the two feet, together. When you are using Angelic Energy, the fingers do not have to be cleared one at a time. Because the Angelic Energy is *merging* with yours. It is when you use *only your Energy of White Light, without using the Angelic Energy as well,* that you then run White Light *one* at a time, each finger.

Now that you are using Angelic Realm, join the tips, touch your toes *gently* to Mother Earth, and for 2 to 3 minutes allow the *mingled* Light – yours and the Archangel's, to run through you. It does not have to be done separately for each finger.

Are you completely clear?

Yes, thank you.

And then Light follows whatever path way...?

Light will follow the natural path of the meridians. You have *no* need to direct Light. *Light follows its own path*. And what else *is* a Meridian? A meridian is none other than a Path of Light.

Can you tell us how much work we need being done?

You will *know* when you can stop. Because your Physical, Emotional and Mental will be *tangibly* in a state of strength. *Tangibly* in a state of balance. You *will feel happy! Lighter!* And this state of Well Being ness is your indication that the activation will follow soon, and that you can now stop clearing your meridians.

You do not *have to do anything* at the time –in fact you will not even *know* when the Light Codes are activated. *Your* responsibility beloveds, is to *ensure* that you facilitate Meridian Clearance

(Somebody coughs)

An example of this: when you cough, a meridian is blocked. You must clear it.

So if you take the trouble to find out where your meridians are, to find out which meridian is being affected —which is indicated by a dis-ease, or an ailment in your physical body — you can work on that one meridian more than 7 times a day. So that that one meridian does not stop the flow of Light to others.

Remember beloveds, the Meridian Network is a non ending flow; where one meridian ends, another one starts. That is how there is a network. You will never have a meridian that is closed at any one end. So understand that if one meridian is severely blocked –by example, revealing itself to you by your cough, that one meridian will ensure that the flow of Light to the others will also be diminished.

So it is *essential* to have the *full* Meridian Network completely clear.

All disease would be a result of some blockage?

All diseases are *only* the result of meridian blocks. Only the result of meridian blocks. That is *why* beloved, a human being is structured *never* to fall sick. Because, with an open healthy Meridian Network, you *cannot* be dis-eased.

How do we know which meridian is blocked?

By paying *close* attention. When the transmission of Light from the Archangel to your Meridian Network is taking place, pay *close* attention to your *physical* body. *Wherever* there is a block, *however minute*, **as it is being cleared, there will be a tangible experience.** 

Greetings of Metatron.

We take your leave. Greetings of The Messengers of Light.