2014. 02. 06 Channeling --- Christ Consciousness Explained © Ellaeenah JF

Greetings from Light

Did you know that Christ Consciousness is an energy that is prevalent and can be accessed only on earth? Christ is also an entity only on Earth. In the cosmos that entity, more correct to say that light signature, is not known as Christ at all. And that is why there are those who channel that energy, who call it Sananda. The physicality of that light signature was called Jesu. You are blessed for in the entire cosmos you are the only ones to enjoy the experience of Christ Consciousness. Only in the human realm can personal energies transform transmute into Christ energy.

Why are we telling you this? So that you enjoy your time on earth! You rail and rant about duality and polarities. You often resist the challenges of the human experience, but we are here to ask you to enjoy this experience. Experiences on earth are extremely intense. They are profound; whether it be a happy experience or a not happy experience, they are profound, and out of each such profound experience, whether or not you are spiritually inclined, there is growth, there is understanding, there is evolution, there is a clarity.

You might be surprised to know that nonhuman entities in the cosmos envy you. Their experiences do not come out of duality. All our experiences are in a sense singular. And the rest of the non-human cosmos is waiting its turn to experience this human challenge of duality. Again you shall ask, but why? Because no other life strain, no other energy strain, makes as rapid a growth, has potential to make as rapid a growth as the human realm. The reason lies in duality. From the rest of the cosmic perspective, creation, what you call manifestation, has no challenge. We WILL it and it IS. This cosmic meaningfulness, the proud meaningfulness of creation, that comes out of challenge is missing.

So here you are. Like the rest you too waited your turn, and here you are. This duality is most essential. Each time you strive to create, each time you strive to fulfill a desire, see the challenges that you put before yourself. First come the personal challenges; the inner doubt, the lack of clarity, the lack of faith in yourself. Sometimes you do not believe that you deserve it. You have to overcome these personal challenges first, and then you face the challenges of the outside; the resistance of others who refuse to understand you, their lack of faith in you, in your abilities. What is more challenging is their lack of complete interest in what you desire. When you have overcome that challenge, there is the challenge of the actual creation, sometimes from nothing. When it is attained, the joy that you experience cannot be described. From that challenge, and from that attainment, and from that joy, comes growth; a growth in your ability to recognize your own powers.

But not all creation is successful. Very often it meets with failure and disappointment. But even in that is your growth, for you begin to question why it failed.

For all those of you who may have ever done bungee jumping, paragliding or even merely sat upon a roller coaster ride, even as you begin or embark on this adventure, deep within you is a knowing that the rope may snap, the parachute might not open, the roller coaster might topple, as has happened a few times you have heard. You experience the thrill of adventure but you also experience the thrill of fear, and when you land, back onto firm ground, alive and whole, you want to do it all over again, even though your stomach churns when you are up there. That is, metaphorically, your earth adventure, for as you choose and are, in a sense, waiting in line for your turn to come, there is a thrill, for you know that soon you shall be on that ride, in that dive, freefalling without any control. When you step onto the roller coaster of the human adventure you know that you have given up control, that now that roller coaster shall take you as it can and all you can do is scream either in great delight or in get terror. Your inherent need to control comes from that energy that is within you for it cannot be destroyed.

Another need is the need to know. The human mind has a need to know, whether it is spiritual knowing or medical knowing or scientific knowing or historical knowing or mathematical knowing or artistic or musical. There is the need to know because, along with the control, when you step on to the roller coaster you give up knowingness of all that you are. You have to leave it behind; the roller cannot take the weight of that. When you are going on a roller coaster you are told that leave your bags behind. Ignorance is vital for duality to Be, and so that eternal question who am I comes from that ignorance. You know who you are, but till this roller coaster ride is over you cannot access that bag of complete knowledge, and just as you cannot get off the roller coaster until you have finished the ride, you cannot get off the human adventure. And just as the roller coaster goes up and down, and sometimes in a loop, and then another loop, all these seem like they are separate parts of the roller coaster, even though they are one. Similarly, you feel you have had different life times; some of them have been smooth and in some you have taken a nosedive and in another you have gone up up high and sometimes, as many are feeling these days, you feel you are in a loop where you keep going round and round at a rather giddy pace. But this ignorance is vital, because out of this ignorance, when you finish the ride and you get off the roller coaster, you are not what you were when you started the ride. And having screamed all the way through, you often want to stand back into the line instantly and say *I need another one*. But when you were in that car that was swinging crazily, you vowed 'never again' and that vow disappeared as soon as you got off and the thrill of adventure pushed you back on.

What comes out of ignorance? Pain comes out of ignorance. Fear comes out of ignorance. Where there is pain and there is fear, there is a need to take control, where there is the need to take control there shall always be abuse of personal power. There shall be subjugation and slavery. And then from that comes war and conflict, and of course diseases shall follow. And yet we tell you that ignorance is essential and significant. For each time you have been in pain and

that heart has wept, you have turned to ten others and you have given them your love, your solace, your gentleness. And each time you have fought and been in conflict, you have turned to ten others and clarified their minds and expressed to them the universal truths you know so that their conflict might disappear. And each time you have fallen prey to a disease, an illness, an ailment, you have turned around and helped others to heal. Now when you see your growth do you still condemn that ignorance?

The aim is not to overcome the ignorance; the aim of the human adventure is not for good to overcome the evil, for right to over come the wrong, for light to overcome darkness. That is not the purpose at all. The purpose is Christ Consciousness. In the human realm, out of the human experience is generated an energy experienced nowhere else in the cosmos. That energy is the energy of Christ Consciousness. Christ Consciousness is an energy that emanates from layer upon layer of duality. If there were no duality there would be no Christ Consciousness. Where there is no polarity there is no Christ Consciousness.

Christ Consciousness is that energy, is that state of Consciousness, whereby you do not overcome duality, but you integrate into your life the light and the dark, the right and the wrong, the good and the bad. ALL is integrated into your living existence without any resistance, without any need to control and impose our will over another. You have often spoken about reaching Christ Consciousness as though it was an energy 'out there' that you're trying to access. We tell you that it is not. You are creating Christ Consciousness. Slowly, as the layers of ignorance are giving way to the understanding of truth you are creating Christ Consciousness. Each time you see a situation that you might have earlier called evil but are now able to see as a cosmic event most needed for reasons known or unknown, you are creating Christ Consciousness. It is that energy which expands, and in your expanse you take in the good and what you call evil. You take in the light and what you call darkness. Christ Consciousness is not a pendulum swing from one to the other; it is integrating both in order to get off the human ride. You have to create enough Christ Consciousness energy that shall help you get off; till then the bar shall remain closed.

The time for this round of the roller coaster is coming to an end. You might decide to take another ride, but the time has come for this ride to come to an end. Your cycle is now coming to an end. The cycle of the human adventure for a majority on earth is coming to an end. We do not mean that earth is going to fragment as doomsday prophets have been saying for years. It means that your Christ Consciousness energies are now fast reaching that quantum where the bar will open and once again you shall be in Full Knowingness. Your personal cycles (some choose to call these karmic cycles) are coming to an end, and this is what we have meant when we said that 2014 is the year of transformation. Along with the karmic cycles coming to an end, the earth cycles are transforming. The earth is rebirthing into a sacred planet. As the earth's cycle of non-sacredness comes to its end, no more shall the earth be able to accommodate abuse. She can then draw to her self only the energies that are like her for she is moving out of duality her self.

A sitter: What about those who don't seem to have the energy of Christ Consciousness?

No one is not looked after, and no one is judged or condemned. The cosmos looks after all. Those whose journeys are coming to an end, and those you still have more to complete than others. Do you honestly believe that you were always what you are now? You have had life times of political abuse, you have had lifetimes of crime, misusing your power, you have had lifetimes of acute poverty, you have had life times of horrific deaths, but you have also had lifetimes of spiritual teachers, of doctors, who did good to hundreds. You have had all these life times of the roller coaster going up and down. All of these human experiences lie in your structure, some assimilated and some not assimilated Christ Consciousness energy is created each time you assimilate an experience.

Then in living existence, while living in duality, you can still see the need for each polarity. Not only do you stop judging it, but also you see the need for it. Dark is vital if there no dark there would be no recognition of light. Dark is vital, poverty is vital, pain is vital, ignorance is vital. When in the human experience you can see the polarities supporting each other in a cosmic balance that is forever constant then that is the peak of Christ Consciousness.

A sitter: So basically what I'm getting is that Christ Consciousness for us to actually recognize oneness. To move from separation to oneness.

In the human experience, beloveds, oneness as experienced by the non human realms cannot be. What can be the experience of oneness or unity in human realm is the ability to see the light and the dark, the good and the not good, and recognize the truth of one they are.

Will we be exiting the planet?

No you shall exit your planet only at the time you choose, but you shall not reappear. It is now your time to leave the roller coaster and allow those who have been waiting in line to enter. Your experiences are coming to an end. And if you commit to making this choice firmly then you shall commit to creating Christ Consciousness each day. The bar will not open if you have not created within yourself enough Christ Consciousness energy.

So how do we do it everyday?

You have to live it. You have to embrace the duality, integrate it in your daily lives. When we say 'integrate' it there can be no judgment or condemnation. Do you condemn your back for giving you hurt? No. But it is still giving you pain and discomfort. You are not condemning your back because it is integrated into you. Does this make sense? Greater and greater integration. Welcome the challenges, defy yourself, have fun. What is missing in the human experience today is the screaming delight of the child on a roller coaster, the screaming delight, and that screaming delight, beloveds, we call bliss. And it is to experience this bliss that this cosmos is standing in the line.

Just as a roller coaster, when it is coming to an end, seems to go into more loops and more dives, so does the human adventure. There is a cosmic plan. But let us remind you that there is no cosmic plan that can override your personal plan for self, your blue print cannot even for a micro second be interfered with. The cosmic plan is creation of Christ Consciousness.

Integrate all experiences, deny nothing, for in the largest perspective where even the cosmos stops to exist in its minute differences, there is nothing to deny.

Be blessed.